## Dichotomy of Hofer Growth Type on the 2-Sphere

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A symplectic manifold is a smooth manifold M with a symplectic 2-form  $\omega$ . For our purpose,  $\omega$  is a tool which turns smooth timed functions  $H : M \times \mathbb{R} \to \mathbb{R}$ , also called Hamiltonians, to a 1-parameter family of diffeomorphisms

$$
\varphi_H: M\times \mathbb{R}\to M,\ \varphi_H^t(x):=\varphi_H(x,t),\ \varphi_H^0=\mathbbm{1}_M,
$$

by solving the Hamiltonian flow ODE. The group of Hamiltonian Diffeomorphisms is the set of time-1 flows generated by some Hamiltonian, denoted by

$$
\mathrm{Ham}(M,\omega):=\left\{\varphi_H^1|H:M\times\mathbb{R}\to\mathbb{R}\right\}.
$$

This is a group by composition. On this group, one can define the bi-invariant Hofer metric as

$$
d_H(1,\varphi):=\inf_H\int_0^1\left\|H_t\right\|_{L_\infty}dt,
$$

where the infimum is taken over all Hamiltonians  $H$  (with some normalization condition) such that  $\varphi = \varphi_H^1$ . The distance between two elements  $\varphi, \psi \in$ Ham $(M, \omega)$  is given by  $d_H(\varphi, \psi) := d_H(1, \varphi^{-1}\psi)$ .

There is much to be said about this metric space  $(\text{Ham}(M, \omega), d_H)$ , and some of its most basic properties are highly non-trivial, to the extent that even proving it is non-degenerate is an involved process which requires the development of more machinery - even the fundamental group of this space is unknown, except for a small collection of specific manifolds.

One particular unknown is the "Dichotomy of Asymptotic Growth Type Conjecture" which is the following: Take some  $H \in C^{\infty}(M)$ , Hamiltonian independent of time. One can show that for every  $t, \varphi_H^t \in \text{Ham}(M, \omega)$ , and that the limit  $\bar{d}(H) := \lim_{t \to \infty} \frac{d_H(1, \varphi_H^t)}{t} \geq 0$  exists and is finite. The conjecture claims that  $\bar{d}(H) = 0$  iff  $d_H(1, \varphi_H^t)$  is bounded, i.e. that  $t \mapsto d_H(1, \varphi_H^t)$  either grows linearly, or is bounded.

We prove the Dichotomy Conjecture for the case of  $M = \mathbb{S}^2$  by introducing the notion of a "Symmetrization" of a Hamiltonian, which is a map  $\Sigma: C^{\infty}(\mathbb{S}^2) \to C^{\infty}(\mathbb{S}^2)$  which takes some Hamiltonian, and returns a Hamiltonian which is a function of the height, symmetric about the origin. Using this tool, we managed to prove that

$$
\overline{d}(H) = 0 \iff \Sigma(H) \equiv 0 \iff \forall t, \quad d_H(1, \varphi_H^t) \le 11 \operatorname{Area}(\mathbb{S}^2).
$$

Note this result is stronger than the Dichotomy Conjecture. Namely, it shows Hamiltonians with non-linear growth are universally bounded. We call this fact "Enhanced Dichotomy".

During the talk, I plan on giving a more in-depth introduction to  $\text{Ham}(M, \omega)$ and  $d_H$ , give a partial definition of  $\Sigma$ , and discuss our proof of the "Enhanced Dichotomy".